

102ND GENERAL ASSEMBLY State of Illinois 2021 and 2022 SB2296

Introduced 2/26/2021, by Sen. Ann Gillespie

SYNOPSIS AS INTRODUCED:

105 ILCS 5/2-3.130 105 ILCS 5/10-20.33 105 ILCS 5/34-18.20

Amends the School Code. Makes changes concerning the adoption of rules by the State Board of Education governing time out and physical restraint in the public schools. Subject to appropriation, requires the State Board to create a grant program for school districts and special education cooperatives and charter schools to implement school-wide, culturally sensitive, and trauma-informed practices, positive behavioral interventions and supports, and restorative practices. Allows the State Board to contract with a third party to provide assistance with oversight and monitoring, and requires the State Board to establish reduction goals and a system of ongoing review, auditing, and monitoring. Makes changes in provisions concerning a school board's use of time out and physical restraint, including providing that isolated time out, time out, and physical restraint may be used only under certain circumstances, prohibiting the deprivation of necessities and prone, mechanical, and chemical restraint, and requiring a meeting with school personnel if requested by the parent or guardian, the provision of information to parents and quardians, and written procedures. Effective immediately.

LRB102 15797 CMG 21164 b

FISCAL NOTE ACT MAY APPLY STATE MANDATES ACT MAY REQUIRE REIMBURSEMENT 1 AN ACT concerning education.

Be it enacted by the People of the State of Illinois, represented in the General Assembly:

- 4 Section 5. The School Code is amended by changing Sections
- 5 2-3.130, 10-20.33, and 34-18.20 as follows:
- 6 (105 ILCS 5/2-3.130)
- 7 Sec. 2-3.130. <u>Isolated time out, time</u> Time out, and
- 8 physical restraint rules; grant program; third-party
- 9 <u>assistance</u>; goals and plans.
- 10 (a) For purposes of this Section, "isolated time out",
- 11 "physical restraint", and "time out" have the meanings given
- to those terms under Section 10-20.33.
- 13 <u>(b)</u> The State Board of Education shall promulgate rules
- 14 governing the use of <u>isolated time out</u>, time out, and physical
- 15 restraint in the public schools. The rules shall include
- 16 provisions governing the documentation and reporting
- 17 recordkeeping that is required each time these interventions
- 18 when physical restraint or more restrictive forms of time out
- 19 are used.
- The rules adopted by the State Board shall include a
- 21 procedure by which a person who believes a violation of
- 22 Section 10-20.33 or 34-18.20 has occurred may file a
- complaint. The rules adopted by the State Board shall include

1 training requirements that must be included in training
2 programs used to train and certify school personnel.

The State Board shall establish procedures for progressive enforcement actions to ensure that schools fully comply with the documentation and reporting requirements for isolated time out, time out, and physical restraint established by rule, which shall include meaningful and appropriate sanctions for the failure to comply, including the failure to report to the parent or quardian and to the State Board, the failure to timely report, and the failure to provide detailed documentation.

- (c) Subject to appropriation, the State Board must create a grant program for school districts and special education cooperatives and charter schools approved by the State Board to implement school-wide, culturally sensitive, and trauma-informed practices, positive behavioral interventions and supports, and restorative practices within a multi-tiered system of support aimed at reducing the need for interventions, such as isolated time out, time out, and physical restraint.
- (d) Subject to the Illinois Procurement Code, the Illinois

 School Student Records Act, the Mental Health and

 Developmental Disabilities Confidentiality Act, and the

 federal Family Educational Rights and Privacy Act of 1974, the

 State Board may contract with a third party to provide

 assistance with the oversight and monitoring of the use of

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isolated time out, time out, and physical restraint by school
districts.

(e) The State Board shall establish goals within 90 days after the effective date of this amendatory Act of the 102nd General Assembly, with specific benchmarks, for schools to accomplish the systemic reduction of isolated time out, time out, and physical restraint within 3 years after the effective date of this amendatory Act of the 102nd General Assembly. The State Board shall engage in meaningful consultation with stakeholders to establish the goals, including in the review and evaluation of the data submitted. Each school board shall create a time out and physical restraint oversight team that includes, but is not limited to, teachers, paraprofessionals, school service personnel, and administrators to develop (i) a school-specific plan for reducing and eventually eliminating the use of isolated time out, time out, and physical restraint in accordance with the goals and benchmarks established by the State Board and (ii) procedures to implement the plan developed by the team.

The progress toward the reduction and eventual elimination of the use of isolated time out and physical restraint shall be measured by the reduction in the overall number of incidents of those interventions and the total number of students subjected to those interventions. In limited cases, upon written application made by a school district and approved by the State Board based on criteria developed by the State Board

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to show good cause, the reduction in the use of those interventions may be measured by the frequency of the use of those interventions on individual students and the student population as a whole. The State Board shall specify a date for submission of the plans. School districts shall submit a report once each year for 3 years after the effective date of this amendatory <u>Act of the 102nd General Assembly to the State</u> Board on the progress made toward achieving the goals and benchmarks established by the State Board and modify their plans as necessary to satisfy those goals and benchmarks. School districts shall notify parents and guardians that the plans and reports are available for review. On or before June 30, 2023, the State Board shall issue a report to the General Assembly on the progress made by schools to achieve those goals and benchmarks. The required plans shall include, but not be limited to, the specific actions that are to be taken to:

- (1) reduce and eventually eliminate a reliance on isolated time out, time out, and physical restraint for behavioral interventions and develop noncoercive environments;
- (2) develop individualized student plans that are oriented toward prevention of the use of isolated time out, time out, and physical restraint with the intent that a plan be separate and apart from a student's individualized education program or a student's plan for

1	services under Section 504 of the federal Rehabilitation
2	Act of 1973;
3	(3) ensure that appropriate school personnel are fully
4	informed of the student's history, including any history
5	of physical or sexual abuse, and other relevant medical
6	and mental health information, except that any disclosure
7	of student information must be consistent with federal and
8	State laws and rules governing student confidentiality and
9	privacy rights; and
10	(4) support a vision for cultural change that
11	reinforces the following:
12	(A) positive behavioral interventions and support
13	rather than isolated time out, time out, and physical
14	<pre>restraint;</pre>
15	(B) effective ways to de-escalate situations to
16	avoid isolated time out, time out, and physical
17	<pre>restraint;</pre>
18	(C) crisis intervention techniques that utilize
19	alternatives to isolated time out, time out, and
20	physical restraint; and
21	(D) use of debriefing meetings to reassess what
22	occurred and why it occurred and to think through ways
23	to prevent use of the intervention the next time.
24	(f) A school is exempt from the requirement to submit a
25	plan and the annual reports under subsection (e) if the school
26	is able to demonstrate to the satisfaction of the State Board

- 1 that (i) within the previous 3 years, the school district has
- 2 never engaged in the use of isolated time out, time out, or
- 3 physical restraint and (ii) the school has adopted a written
- 4 policy that prohibits the use isolated time out, time out, and
- 5 physical restraint on a student and is able to demonstrate the
- 6 <u>enforcement of that policy.</u>
- 7 (g) The State Board shall establish a system of ongoing
- 8 review, auditing, and monitoring to ensure that schools comply
- 9 with the documentation and reporting requirements and meet the
- 10 State Board's established goals and benchmarks for reducing
- and eventually eliminating the use of isolated time out, time
- 12 out, and physical restraint.
- 13 (Source: P.A. 91-600, eff. 8-14-99; 92-16, eff. 6-28-01.)
- 14 (105 ILCS 5/10-20.33)
- 15 Sec. 10-20.33. Time out, isolated time out, and physical
- 16 restraint, and necessities; limitations and prohibitions.
- 17 (a) The General Assembly finds and declares that the use
- 18 of isolated time out, time out, and physical restraint on
- 19 children and youth carries risks to the health and safety of
- 20 students and staff; therefore, the ultimate goal is to reduce
- 21 and eventually eliminate the use of those interventions. The
- 22 General Assembly also finds and declares that the State Board
- of Education must take affirmative action to lead and support
- 24 schools in transforming the school culture to reduce and
- 25 eliminate the use of all such interventions over time.

(b) In this Section:

"Chemical restraint" means the use of medication to control a student's behavior or to restrict a student's freedom of movement. "Chemical restraint" does not include medication that is legally prescribed and administered as part of a student's regular medical regimen to manage behavioral symptoms and treat medical symptoms.

"Isolated time out" means the involuntary confinement of a student alone in a time out room or other enclosure outside of the classroom without a supervising adult in the time out room or enclosure.

"Isolated time out" or "time out" does not include a student-initiated or student-requested break, a student-initiated sensory break or a teacher-initiated sensory break that may include a sensory room containing sensory tools to assist a student to calm and de-escalate, an in-school suspension or detention, or any other appropriate disciplinary measure, including the student's brief removal to the hallway or similar environment.

"Mechanical restraint" means the use of any device or equipment to limit a student's movement or to hold a student immobile. "Mechanical restraint" does not include any restraint used to (i) treat a student's medical needs; (ii) protect a student who is known to be at risk of injury resulting from a lack of coordination or frequent loss of consciousness; (iii) position a student with physical

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damage to property.

- disabilities in a manner specified in the student's

 individualized education program, federal Section 504 plan, or

 other plan of care; (iv) provide a supplementary aid, service,

 or accommodation, including, but not limited to, assistive

 technology that provides proprioceptive input or aids in
- 6 <u>self-regulation; or (v) promote student safety in vehicles</u>
 7 used to transport students.

"Physical restraint" or "restraint" means holding a 8 9 student or otherwise restricting a student's movements. "Physical restraint" or "restraint" does not include momentary 10 11 periods of physical restriction by direct person to person 12 contact, without the aid of material or mechanical devices, that are accomplished with limited force and that are designed 13 14 to prevent a student from completing an act that would result in potential physical harm to himself, herself, or another or 15

"Prone physical restraint" means a physical restraint in which a student is held face down on the floor or other surface and physical pressure is applied to the student's body to keep the student in the prone position.

"Time out" means a behavior management technique for the purpose of calming or de-escalation that involves the involuntary monitored separation of a student from classmates with a trained adult for part of the school day, only for a brief time, in a non-locked setting.

(c) Isolated time out, time out, and physical restraint,

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other than prone physical restraint, may be used only if (i) the student's behavior presents an imminent danger of serious physical harm to the student or to others; (ii) other less restrictive and intrusive measures have been tried and have proven to be ineffective in stopping the imminent danger of serious physical harm; (iii) there <u>is no known medical</u> contraindication to its use on the student; and (iv) the school staff member or members applying the use of time out, isolated time out, or physical restraint on a student have been trained in its safe application, as established by rule by the State Board of Education. Isolated time out is allowed only under limited circumstances as set forth in this Section. If all other requirements under this Section are met, isolated time out may be used only if the adult in the time out room or enclosure is in imminent danger of serious physical harm because the student is unable to cease actively engaging in extreme physical aggression.

Prone restraint, mechanical restraint, and chemical
restraint are prohibited.

- (d) The Until rules are adopted under Section 2-3.130 of this Code, the use of any of the following rooms or enclosures for an isolated time out or time out purposes is prohibited:
 - (1) a locked room or a room in which the door is obstructed, prohibiting it from opening other than one with a locking mechanism that engages only when a key or handle is being held by a person;

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- 2 (3) a room where the student cannot be continually observed; or
 - (4) any other room or enclosure or time out procedure that is contrary to current <u>rules adopted by</u> guidelines of the State Board of Education.
 - (e) The deprivation of necessities needed to sustain the health of a person, including, without limitation, the denial or unreasonable delay in the provision of the following, is prohibited:
- 11 (1) food or liquid at a time when it is customarily
 12 served;
 - (2) medication; or
 - (3) the use of a restroom.
 - (f) (Blank). The use of physical restraints is prohibited except when (i) the student poses a physical risk to himself, herself, or others, (ii) there is no medical contraindication to its use, and (iii) the staff applying the restraint have been trained in its safe application. For the purposes of this Section, "restraint" does not include momentary periods of physical restriction by direct person-to-person contact, without the aid of material or mechanical devices, accomplished with limited force and that are designed (i) to prevent a student from completing an act that would result in potential physical harm to himself, herself, or another or damage to property or (ii) to remove a disruptive student who

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is unwilling to voluntarily leave the area. The use of physical restraints that meet the requirements of this Section may be included in a student's individualized education plan where deemed appropriate by the student's individualized education plan team.

(g) Following each incident of isolated time out, time out, or physical restraint, but no later than 2 school days after the incident, the principal or another designated administrator shall notify the student's parent or quardian that he or she may request a meeting with appropriate school personnel to discuss the incident. This meeting shall be held separate and apart from meetings held in accordance with the student's individualized education program or from meetings held in accordance with the student's plan for services under Section 504 of the federal Rehabilitation Act of 1973. If a parent or guardian requests a meeting, the meeting shall be convened within 2 school days after the request, provided that the 2-school day limitation shall be extended if requested by the parent or quardian. The parent or quardian may also request that the meeting be convened via telephone or video conference.

The meeting shall include the student, if appropriate, at least one school staff member involved in the incident of isolated time out, time out, or physical restraint, the student's parent or guardian, and at least one appropriate school staff member not involved in the incident of isolated

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time out, time out, or physical restraint, such as a social worker, psychologist, nurse, or behavioral specialist. During the meeting, the school staff member or members involved in the incident of isolated time out, time out, or physical restraint, the student, and the student's parent or quardian, if applicable, shall be provided an opportunity to describe (i) the events that occurred prior to the incident of isolated time out, time out, or physical restraint and any actions that were taken by school personnel or the student leading up to the incident; (ii) the incident of isolated time out, time out, or physical restraint; and (iii) the events that occurred or the actions that were taken following the incident of isolated time out, time out, or physical restraint and whether the student returned to regular school activities and, if not, how the student spent the remainder of the school day. All parties present at the meeting shall have the opportunity to discuss what school personnel could have done differently to avoid the incident of isolated time out, time out, or physical restraint and what alternative courses of action, if any, the school can take to support the student and to avoid the future use of isolated time out, time out, or physical restraint. At no point may a student be excluded from school solely because a meeting has not occurred.

A summary of the meeting and any agreements or conclusions reached during the meeting shall be documented in writing and shall become part of the student's school record. A copy of the

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documents shall be provided to the student's parent or 1 quardian. If a parent or guardian does not request a meeting within 10 school days after the school has provided the documents to the parent or guardian or if a parent or guardian fails to attend a requested meeting, that fact shall be documented as part of the student's school record.

(h) Whenever isolated time out, time out, or physical restraint is used physical restraints are used, school personnel shall fully document and report to the State Board of Education the incident, including the events leading up to the incident, what alternative measures that are less restrictive and intrusive were used prior to the use of isolated time out, time out, or physical restraint, why those measures were ineffective or deemed inappropriate, the type of restraint, isolated time out, or time out that was used, the length of time the student was in isolated time out or time out or was is restrained, and the staff involved. The parents or quardian of a student and the State Superintendent of Education shall be informed whenever isolated time out, time out, or physical restraint is restraints are used.

Schools shall provide parents and guardians with the following information, to be developed by the State Board and which may be incorporated into the State Board's prescribed physical restraint and time out form at the discretion of the State Board, after each incident in which isolated time out, time out, or physical restraint is used during the school

1	year,	in	printed	form	or,	upon	the	written	request	of	the
2	parent	or	guardian	, by e	email	:					

- 3 (1) a copy of the standards for when isolated time 4 out, time out, and physical restraint can be used;
- 5 (2) information about the rights of parents, guardians, and students; and
- (3) information about the parent's or quardian's right
 to file a complaint with the State Superintendent of

 Education, the complaint process, and other information to
 assist the parent or quardian in navigating the complaint
 process.
- (i) Any use of isolated time out, time out, or physical
 restraint that is permitted by a school board's policy shall
 be implemented in accordance with written procedures.
- 15 (Source: P.A. 91-600, eff. 8-14-99; 92-16, eff. 6-28-01.)
- 16 (105 ILCS 5/34-18.20)
- 17 Sec. 34-18.20. Time out, isolated time out, and physical 18 restraint, and necessities; limitations and prohibitions.
- of isolated time out, time out, and physical restraint on children and youth carries risks to the health and safety of students and staff; therefore, the ultimate goal is to reduce and eventually eliminate the use of those interventions. The General Assembly also finds and declares that the State Board of Education must take affirmative action to lead and support

schools in transforming the school culture to reduce and eliminate the use of all such interventions over time.

(b) In this Section:

"Chemical restraint" means the use of medication to control a student's behavior or to restrict a student's freedom of movement. "Chemical restraint" does not include medication that is legally prescribed and administered as part of a student's regular medical regimen to manage behavioral symptoms and treat medical symptoms.

"Isolated time out" means the involuntary confinement of a student alone in a time out room or other enclosure outside of the classroom without a supervising adult in the time out room or enclosure.

"Isolated time out" or "time out" does not include a student-initiated or student-requested break, a student-initiated sensory break or a teacher-initiated sensory break that may include a sensory room containing sensory tools to assist a student to calm and de-escalate, an in-school suspension or detention, or any other appropriate disciplinary measure, including the student's brief removal to the hallway or similar environment.

"Mechanical restraint" means the use of any device or equipment to limit a student's movement or to hold a student immobile. "Mechanical restraint" does not include any restraint used to (i) treat a student's medical needs; (ii) protect a student who is known to be at risk of injury

resulting from a lack of coordination or frequent loss of consciousness; (iii) position a student with physical disabilities in a manner specified in the student's individualized education program, federal Section 504 plan, or other plan of care; (iv) provide a supplementary aid, service, or accommodation, including, but not limited to, assistive technology that provides proprioceptive input or aids in self-regulation; or (v) promote student safety in vehicles used to transport students.

"Physical restraint" or "restraint" means holding a student or otherwise restricting a student's movements.

"Physical restraint" or "restraint" does not include momentary periods of physical restriction by direct person to person contact, without the aid of material or mechanical devices, that are accomplished with limited force and that are designed to prevent a student from completing an act that would result in potential physical harm to himself, herself, or another or damage to property.

"Prone physical restraint" means a physical restraint in which a student is held face down on the floor or other surface and physical pressure is applied to the student's body to keep the student in the prone position.

"Time out" means a behavior management technique for the purpose of calming or de-escalation that involves the involuntary monitored separation of a student from classmates with a trained adult for part of the school day, only for a

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brief time, in a non-locked setting.

- (c) Isolated time out, time out, and physical restraint, other than prone physical restraint, may be used only if (i) the student's behavior presents an imminent danger of serious physical harm to the student or to others; (ii) other less restrictive and intrusive measures have been tried and have proven to be ineffective in stopping the imminent danger of serious physical harm; (iii) there <u>is no known medical</u> contraindication to its use on the student; and (iv) the school staff member or members applying the use of time out, isolated time out, or physical restraint on a student have been trained in its safe application, as established by rule by the State Board of Education. Isolated time out is allowed only under limited circumstances as set forth in this Section. If all other requirements under this Section are met, isolated time out may be used only if the adult in the time out room or enclosure is in imminent danger of serious physical harm because the student is <u>unable to cease actively engaging in</u> extreme physical aggression.
 - Prone restraint, mechanical restraint, and chemical restraint are prohibited.
 - (d) The Until rules are adopted under Section 2-3.130 of this Code, the use of any of the following rooms or enclosures for an isolated time out or time out purposes is prohibited:
- (1) a locked room <u>or a room in which the door is</u> obstructed, prohibiting it from opening other than one

1	with a locking mechanism that engages only when a key or
2	handle is being held by a person;
3	(2) a confining space such as a closet or box;
4	(3) a room where the student cannot be continually
5	observed; or
6	(4) any other room or enclosure or time out procedure
7	that is contrary to current <u>rules adopted by</u> guidelines of
8	the State Board of Education.
9	(e) The deprivation of necessities needed to sustain the
10	health of a person, including, without limitation, the denial
11	or unreasonable delay in the provision of the following, is
12	<pre>prohibited:</pre>
13	(1) food or liquid at a time when it is customarily
14	served;
15	(2) medication; or
16	(3) the use of a restroom.
17	(f) (Blank). The use of physical restraints is prohibited
18	except when (i) the student poses a physical risk to himself,
19	herself, or others, (ii) there is no medical contraindication
20	to its use, and (iii) the staff applying the restraint have
21	been trained in its safe application. For the purposes of this
22	Section, "restraint" does not include momentary periods of
23	physical restriction by direct person-to-person contact,
24	without the aid of material or mechanical devices,
25	accomplished with limited force and that are designed (i) to

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potential physical harm to himself, herself, or another or damage to property or (ii) to remove a disruptive student who is unwilling to voluntarily leave the area. The use of physical restraints that meet the requirements of this Section may be included in a student's individualized education plan where deemed appropriate by the student's individualized education plan education plan team.

(g) Following each incident of isolated time out, time out, or physical restraint, but no later than 2 school days after the incident, the principal or another designated administrator shall notify the student's parent or guardian that he or she may request a meeting with appropriate school personnel to discuss the incident. This meeting shall be held separate and apart from meetings held in accordance with the student's individualized education program or from meetings held in accordance with the student's plan for services under Section 504 of the federal Rehabilitation Act of 1973. If a parent or quardian requests a meeting, the meeting shall be convened within 2 school days after the request, provided that the 2-school day limitation shall be extended if requested by the parent or guardian. The parent or guardian may also request that the meeting be convened via telephone or video conference.

The meeting shall include the student, if appropriate, at least one school staff member involved in the incident of isolated time out, time out, or physical restraint, the

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student's parent or guardian, and at least one appropriate school staff member not involved in the incident of isolated time out, time out, or physical restraint, such as a social worker, psychologist, nurse, or behavioral specialist. During the meeting, the school staff member or members involved in the incident of isolated time out, time out, or physical restraint, the student, and the student's parent or guardian, if applicable, shall be provided an opportunity to describe (i) the events that occurred prior to the incident of isolated time out, time out, or physical restraint and any actions that were taken by school personnel or the student leading up to the incident; (ii) the incident of isolated time out, time out, or physical restraint; and (iii) the events that occurred or the actions that were taken following the incident of isolated time out, time out, or physical restraint and whether the student returned to regular school activities and, if not, how the student spent the remainder of the school day. All parties present at the meeting shall have the opportunity to discuss what school personnel could have done differently to avoid the incident of isolated time out, time out, or physical restraint and what alternative courses of action, if any, the school can take to support the student and to avoid the future use of isolated time out, time out, or physical restraint. At no point may a student be excluded from school solely because a meeting has not occurred.

A summary of the meeting and any agreements or conclusions

reached during the meeting shall be documented in writing and shall become part of the student's school record. A copy of the documents shall be provided to the student's parent or guardian. If a parent or guardian does not request a meeting within 10 school days after the school has provided the documents to the parent or guardian or if a parent or guardian fails to attend a requested meeting, that fact shall be documented as part of the student's school record.

(h) Whenever isolated time out, time out, or physical restraint is used physical restraints are used, school personnel shall fully document and report to the State Board of Education the incident, including the events leading up to the incident, what alternative measures that are less restrictive and intrusive were used prior to the use of isolated time out, time out, or physical restraint, why those measures were ineffective or deemed inappropriate, the type of restraint, isolated time out, or time out that was used, the length of time the student was in isolated time out or time out or time out or time out or guardian of a student and the State Superintendent of Education shall be informed whenever isolated time out, time out, or physical restraint is restraints are used.

Schools shall provide parents and guardians with the following information, to be developed by the State Board and which may be incorporated into the State Board's prescribed physical restraint and time out form at the discretion of the

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1	State Board, after each incident in which isolated time out,
2	time out, or physical restraint is used during the school
3	year, in printed form or, upon the written request of the
4	parent or guardian, by email:
5	(1) a copy of the standards for when isolated time
6	out, time out, and physical restraint can be used;
7	(2) information about the rights of parents,
8	guardians, and students; and
9	(3) information about the parent's or quardian's right
10	to file a complaint with the State Superintendent of
11	Education, the complaint process, and other information to
12	assist the parent or guardian in navigating the complaint
13	process.
14	(i) Any use of isolated time out, time out, or physical
15	restraint that is permitted by the board's policy shall be

Section 99. Effective date. This Act takes effect upon becoming law.

(Source: P.A. 91-600, eff. 8-14-99; 92-16, eff. 6-28-01.)

implemented in accordance with written procedures.